

## A to Z at Mattli Antoniushaus

A warm welcome!

We are delighted to have you as our guest here at Mattli Antoniushaus.

We have compiled the most important information below to ensure your stay is a pleasant, relaxing, educational, and, above all, memorable experience.

Your  
Reception and Housekeeping Teams



**Mattli**

Antoniushaus  
Seminar- und Bildungszentrum

## ADAPTERS

Plug adapters are available at Reception for a CHF 10 deposit.

## ASSEMBLY POINT (FOR EMERGENCIES)

Our emergency assembly point is in the car park – please look for the green sign on the car park lighting.

## BOOKS, BIBLES & LIBRARY

A wide variety of books are freely available on the gallery in the break room on the ground floor.

In the seating areas on each floor, outside the 100 and 300-numbered rooms, you will find different Bibles on the wall shelving.

To the right of the restaurant entrance, on the book table, you will find current literature for purchase covering our educational programme topics: mindfulness, health, spirituality, Franciscan studies, and lifestyle. Please pay for these books at Reception.

## CASH & FOREIGN CURRENCY

For operational reasons, we can only accept cash in Swiss Francs (CHF). If you wish to pay in a foreign currency, please charge your consumption to your room bill and settle the final invoice before departure using a credit or debit card. This is also possible in your local currency.

The nearest ATM is located at the main entrance to the Swiss Holiday Park in Morschach; the nearest post office and bank branches are in Brunnen. Alternatively, currency can be exchanged at the railway station ticket counter in Brunnen.

## CHAPEL

Our St. Anthony's Chapel is a place of silence, slowing down, and self-reflection. It is open to our guests and drop-in visitors alike. Even at night, the icon by Josua Boesch, the *Auferstehungskreuz* (Resurrection Cross), remains illuminated.

The stained-glass windows are the work of Sister Raphaela Bürgi of Ingenbohl, inspired by the "Canticle of the Sun" by St. Francis of Assisi.

## CHECK-OUT, LATE CHECK-OUT FEE

For operational reasons, we would be grateful if you could vacate your room by the start of your course or by 10 am on the day of departure.

You are welcome to store your luggage in the luggage rack near Reception. If you would like to keep your room until after lunchtime, please inform Reception the evening before.

A flat-rate late check-out fee of CHF 25 applies from 11 am.

## CHURCH SERVICES

In the Catholic Church in Morschach, services are held on Tuesdays and Sundays at 9 am. In the Pallottine Mary Chapel, services take place on Thursdays at 7 pm and Saturdays at 9 am.

Twice a year, family services are celebrated in our St. Anthony's Chapel in cooperation with the Morschach parish. Information regarding these can be obtained at Reception.

## EMERGENCY NUMBERS

Mattli Antoniushaus On-call Service +41 (0)41 820 20 54

Schwyz Hospital Emergency Dept. +41 (0)41 818 41 41

Police 117

Fire Brigade 118

Ambulance 144

Brunnen Taxi Centre +41 (0)848 822 550

## FIRE – WHAT TO DO?!

1. Keep calm: Close all doors and windows.
2. Raise the alarm: Call the fire brigade on 118 OR press the red alarm button in the stairwell.
3. Warn others: Alert other guests without putting yourself at risk.
4. Extinguish the fire (if possible): Only attempt to extinguish the fire if you do not put yourself in danger.  
Fire points and/or fire extinguishers are located in both stairwells on every floor.
5. If possible: Leave the building and proceed to the Assembly Point. (See the table display at Reception).  
If not possible: Stay in your room, make your presence known at the closed window, and wait for instructions from the fire brigade.

## FRIENDS OF ANTONIUSHAUS MATTLI

Become part of our history and support the Mattli Antoniushaus Seminar and Education Centre ideally, financially, and/or through voluntary work as a member of the "Freundeskreis" (Circle of Friends).

## GAMES & LEISURE

In the "Games Den" – our games room for adults – you will find a billiard table, an extra-large table football (foosball) table, and board games

Our restaurant staff will be happy to provide packs of cards. Board games for children are stored in the wall cupboard near the computer room, behind the break room.

There is a television on the gallery above the break room.

## GUEST CARD

We would be happy to issue you a Guest Card at Reception. This provides various discounts for mountain railways, museums, and excursions throughout the Lake Lucerne region.

## HERB GARDEN

There are herb beds in the inner courtyard and below the Panorama Hall. With the support of Capuchin Brother Paul, we have landscaped the surroundings of Antoniusshaus to be close to nature. You will find colourful meadow flowers, wild roses, and fragrant herb beds, which are maintained and frequently used by our chefs.

## HIKING MAPS

A selection of hiking maps, leaflets with suggested walks, and brochures with excursion ideas are available at Reception.

## INTERNET

You can access the Internet via our Wi-Fi (Mattli\_Guest / Password: Franziskus21)

A PC is also available in the publicly accessible "Computer" recess located behind the break room.

## LAUNDRY SERVICE

If required, we can wash guests' laundry. Please enquire at Reception regarding costs and availability.

## LINEN CHANGES

To save energy, water, and detergent, as well as staffing costs, we only change towels and bed linen during your stay if they are heavily soiled. For longer stays, an interim cleaning will be provided.

*Did you know? We use eco-friendly detergent from the Maya range by the company Steinfels.*

## OPENING HOURS

### Main Entrance:

The main entrance door is locked at 10 pm at the latest. Please always take your room key with you when leaving the building. The outer entrance door will always open. Inside the draught lobby, you will find a door opener (small white box) on the left-hand side. Hold your room key in front of the sensor on this box to open the inner door.

### Reception:

A member of staff is at Reception daily from 8 am to 5 pm.

## Restaurant:

During the summer season, the restaurant is open daily from 7.30 am to 5 pm. During the winter season, the restaurant remains closed on days with no seminars.

Generally, our service staff are available for seminar guests until 9 pm. After the service staff have finished their shift, drinks and snacks are available on a self-service basis.

## OPENING WINDOWS – OPERATING SLAT BLINDS

During the heating season, please ventilate your room by means of "impact ventilation" – this means opening the window fully twice a day for a maximum of 5 minutes. We kindly ask that you keep your windows closed whenever you leave the room, including during the summer. By doing so, you help us save energy in winter and maintain a pleasant coolness in summer by lowering the slat blinds.

[Information on opening windows](#)

[How to keep the room pleasantly cool - operating instructions for external blinds](#)

## PACKED LUNCHESES

Packed lunches are available for CHF 20 and can be ordered at Reception up to the day before.

## PHARMACY

We are happy to assist you at Reception with a small emergency first-aid kit. For legal reasons, we are not permitted to dispense medication. The nearest pharmacy is in Brunnen, near the boat pier: Rütli Apotheke, Bahnhofstrasse 1, 6440 Brunnen, Tel. +41 (0)41 820 12 01.

## PHOTOCOPIES

There is a photocopier at Reception. The member of staff on duty will be happy to assist you.

Cost: A4 black/white: CHF 0.20 per copy, A4 colour  
CHF 0.30 per copy

## PILLOWS

If you require an extra pillow, please speak to a member of staff at reception.

## POST BOX

You can hand in your outgoing post at Reception or drop it into the yellow post box to the left of the restaurant entrance. Post is collected on weekdays at approximately 8.15 am. Postage stamps can be purchased at Reception.

## POSTCARDS & ART CARDS

A selection of postcards and art cards is available in the card rack opposite Reception. Postage stamps can be purchased at Reception.

A postal carrier delivers and collects post on weekdays at approximately 8.15 am. We are happy to hold any incoming post for our guests at Reception.

## QUIET HOURS (NIGHT-TIME)

Many of our guests wish to enjoy the rural peace and quiet between 10 pm and 7 am. We therefore ask you to keep noise to a minimum from 10 pm onwards, particularly in the corridors and in the forecourt by the main entrance.

The Games Den, the seating area by the fireplace, and the restaurant with its terrace remain available for socialising in the evenings.

## REFLECTION STATIONS

As an educational centre with Franciscan roots, we invite you to take a little time for yourself. At twelve stations equipped with QR codes, you will find "prompts" that invite contemplation, pause, and personal reflection.

The starting point is in the foyer, which will guide you to the next station.

Furthermore, every room in our house has a name that connects you with a figure from the multi-layered history of the Franciscans. You will find an explanation next to the door inside your room.

## REGIONAL GIFT ITEMS

There is a display cabinet near Reception with a selection of gift items, home-made goods, regional products, candles, Swiss stone pine products, and more.

## RELAXATION ROOM

The relaxation room is on the third floor. You are welcome to use this space if, for example, you have vacated your room on the day of departure but would like to lie down during the lunch break.

## ROOF TERRACE

Arguably the most beautiful roof terrace in Central Switzerland, it offers far-reaching views and tranquillity. The view of the

Rütli, Lake Uri, and the Alps provides a sense of vastness and freedom. It is perfect for lunch breaks, spontaneous group work, as a place for meditation, or for an evening aperitif.

## MEAL TIMES

Breakfast Buffet	7.30 am to 10 am
Lunch Buffet	12 pm to 1.30 pm
Dinner Buffet	6 pm to 7.30 pm

Individual guests are generally only booked in for breakfast. For seminar guests, we can refund individual meals not taken, provided they are cancelled at least 12 hours prior to arrival.

## ROOM CLEANING

Out of respect for your privacy, we do not enter your room. For longer stays, an interim cleaning is provided. Upon request, we are happy to clean your room daily for a fee of CHF 10 per night.

## SAFE & VALUABLES

We cannot accept liability for lost or stolen clothing, valuables, or electronic devices. Please entrust your valuables to the member of staff on duty at Reception, who will be happy to lock them in our safe.

## SANITARY PRODUCTS

Sanitary products, earplugs, batteries, alarm clocks, adapter plugs, and other items you may have left at home are available to borrow or purchase at Reception.

## SAVING ENERGY

Please turn off the lights when leaving your room.

*Did you know? Our electricity is sourced from our own rooftop photovoltaic system as well as 100% hydropower from energieUri. All lighting fixtures are equipped with energy-saving bulbs or LEDs. Most lights in communal areas are regulated by motion sensors and/or timers.*

## SHOWER MAT

The shower tray was manufactured from sheet steel and enamelled by Wilhelm Schmidlin AG in Oberarth. If you are used to a plastic shower tray with a non-slip coating and feel unsteady on the enamelled surface, we will be happy to provide you with a shower mat. Please contact reception regarding this.

## SETTLING YOUR BILL

Please settle your bill before departure. We accept cash (Swiss Francs), PostFinance, Mastercard, Visa, or TWINT. The accommodation costs (excluding visitor's tax) include VAT and a sustainability bonus.

## SMOKING

Thank you for respecting the non-smoking policy throughout the building and, in particular, for refraining from smoking in guest rooms and bathrooms. A covered smoking area with a high table and ashtray is provided near the side entrance.

Furthermore, for safety reasons, it is strictly forbidden to light candles or incense sticks in the rooms.

## SUMMER BLANKET

Is the duvet too warm for you? Or do you prefer to sleep with an extra blanket? In the wardrobe, you will find a freshly laundered 'Dreamplaid' summer blanket made from 100% cotton – manufactured in Switzerland in accordance with the Oeko-Tex Standard 100.

## SUSTAINABILITY

Our identity as pertaining to our vision, corporate purpose, and values is based on the fundamental Franciscan understanding of simplicity, justice, fraternity, openness, and the preservation of creation. Accordingly, we make every effort to run the Mattli Antoniushaus Seminar and Education Centre sustainably, following ecological, social, and economic principles, not for profit, but to cover our costs.

## TAU SYMBOL

The "T", the Tau symbol, which you will see in various places throughout our establishment, is the last letter of the Hebrew alphabet. Francis of Assisi used it to sign his letters and decorated the walls of the brothers' cells with it.

[The T Symbol \(Leaflet in German only\)](#)

## TOWER OF LIFE

The "Tower of Life" on the Path of the Senses, opposite the labyrinth, was built by the Mattli Antoniushaus team leaders. It offers many small "rooms and apartments" for anything with four, six, or more legs and wings.

[Information about the Tower of Life – a high-rise for animals \(in German only\)](#)

## TRAVEL TIMETABLES

For up-to-date departure times for buses from Morschach, trains and boats from Brunnen, and the cable car to Stoos, please visit the SBB website: [www.sbb.ch](http://www.sbb.ch)

## WASTE

Please use the black wall-mounted bin in the bathroom for sanitary waste. We will dispose of waste from the waste-paper basket in your room using the appropriate recycling separation.

*Did you know? Our food and preparation waste is sent to the biogas plant at the Ibach Energy Centre, which also provides our district heating.*

## WATER SAVING

You can help us save water by informing Reception if you discover a dripping tap or a leaking toilet flush.

*Did you know? The water flowing from the taps at Mattli Antoniushaus comes from the Stooswald spring in Morschach.*

## WELLNESS: AS WE UNDERSTAND IT

For us, wellness means: Enjoying the fantastic view, feeling the breeze brush your face on the roof terrace, relaxing in a sun lounger, or sitting for a while on a panoramic-view bench listening to the birds singing and the tinkling of sheep bells. Watching lizards, butterflies, bumblebees, and dragonflies in the inner courtyard or refreshing your feet in the fountain. And for those seeking a moment of silence: The chapel is always open.

Our building is surrounded by a "Path of the Senses" based on the ideas of Hugo Kükelhaus – a unique interactive trail that encourages sensory perception and invites you to explore. A [detailed brochure \(in German only\)](#) is available at Reception.

Well-maintained paths and hiking trails lead directly from Mattli Antoniushaus into the surrounding area:

- Waldparkweg – Along the ridge with views over Lake Lucerne into the village
- Kapellenweg – Leading to the five sacred spaces in Morschach
- To the Douglas Fir in Ingenbohl Forest – A rewarding short trip to an impressive natural giant
- Fronalpstock – For mountain enthusiasts: a challenging hiking trail to the summit

The Swiss Holiday Park is in the immediate vicinity and offers a varied indoor and outdoor sport, play, and fitness programme, as well as swimming facilities.

## WI-FI

Connect your device to the internet via our Wi-Fi: "Mattli\_Guest". The password is: Franziskus21.